

TSUNAMI 2008 – 2009 Swim Meet Schedule

MEET	DATE	LOCATION	MEET TYPE
VIR Rotation # 1	October 19 th	Courtenay	Club
Nanaimo Fall Invitational (2)	October 25 th & 26 th	Nanaimo	TAG
Island Cup Invitational (3)	November 7 th to 9 th	Victoria	TAG
VIR Rotation # 2	November 16 th	Port Alberni	Club
**VIR Rotation # 3	December 7 th	Ladysmith	Club
Crystal Clear Invitational (3)	December 12 th to 14 th	Victoria (Island Swim)	Club
VIR Rotation # 4	January 11 th	Port Alberni	Club
VIR S/C Champs (3)	January 16 th to 18 th	Courtenay	AA
CRKW Eliminator (2)	Jan 31 st – Feb 1 st	Campbell River	Club
VIR Rotation # 5	February 8 th	Nanaimo	Club
COMOX Invitational	February 21 st & 22 nd	Courtney	Club 'A' & Under
BC S/C Champs (4)	Feb 26 th – Mar 1 st	Victoria (Island Swim)	AAA
VIR Rotation # 6	March 8 th	Port Alberni	Club
**VIR Rotation # 7	April 4 th or 5 th	Campbell River	Club
Island L/C Invitational (3)	May 8 th to 10 th	Victoria (Island Swim)	TAG
Telus Spring Sprints (2)	May 22 nd - 24 th	Nanaimo	Club
**VIR Rotation # 8	May 30 th or 31 st	Courtenay	Club
VIR L/C Champs (3)	June 5 th to 7 th	Nanaimo (?)	AA
CRKW Outdoor Invitational (2)	June 13 th & 14 th	Campbell River	Club
BC L/C Champs (4)	July 2 nd – 5 th	Victoria (PCS)	AAA

NOTE:- Those meets highlighted in grey have already been completed. Although we provide opportunities for some young people to train without competing (SwimFit); 'We are a Competitive Swim Club!' Competition is a major stepping stone in the development of an athlete from novice to the elite level. Therefore, swimming meets are a vital program tool in the overall development of the athlete. Meets also help us evaluate the successes and weaknesses of our program. Without a pro-active approach to meets, we have no true way of evaluating either our swimmers' or our program. It is proven that without this type of competitive outlet many swimmers would lose their incentive to train.

1 - With the exception of TSUNAMI hosted meets, should these meets (**) fall within one week either side of the larger meet, selected/qualified TAG and MAG - Challenger swimmers will be encouraged to by-pass the Regional meet in favour of the larger meet. The coaching staff will do its utmost not to schedule more than two meets per month during the peak months.

2 - The number in brackets (e.g., 2, 3 or 4) indicates the number of days over which that particular meet will be run.